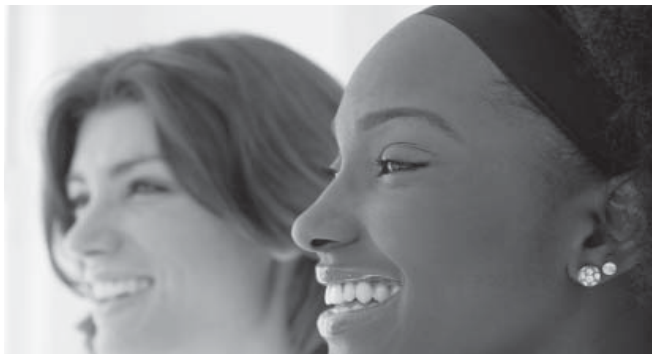


YW fact sheet



Improving Women's Lives and Removing Barriers to Self-Sufficiency.

YW's Focus

YW's average client is a single mother of two children with an annual income of only \$26,000. Many live just above the poverty threshold, making them ineligible for public benefits but still in need of assistance to achieve self-sufficiency.

YW's Programs

YW is dedicated to addressing the most critical needs for women in Dallas, offering programs in the areas of financial literacy, pregnancy and parenting education, and women's health services. YW's goal is to educate and guide women toward becoming self-sufficient and to advocate for sound public policy that supports these efforts.

- **Financial Empowerment** – Established in 2004, women set financial goals for their families by learning to budget, save, and avoid predatory lending. They also increase their families' assets by earning matched savings to purchase homes, finance businesses, or continue their education.
- **Nurse-Family Partnership** – Through YW's newest program (established in 2006) first-time, low-income mothers learn parenting skills increasing the health outcomes of their children. YW was selected to be the first organization in Texas to implement this program.
- **Women's Health** – For more than fifteen years, poor women – uninsured or underinsured – have received breast health care by accessing free mammograms, diagnostic screenings and case management services provided by YW.

What is meant by "Virtual Organization"?

YW goes into the community where the needs are. As a "virtual organization," YW is anywhere women are struggling for a better life. YW Financial Empowerment workshops at over 50 different host sites, including community centers, churches, libraries, community colleges and other nonprofit agencies. YW Nurse-Family Partnership sends nurses directly into the homes of young mothers-to-be to administer care and instruction. Money management experts conduct YW Women's Health coordinates medical care through numerous clinics across Dallas County.

How Many?

Each year YW helps nearly 5,000 women in the Dallas area, giving help to those often overlooked and keeping families together.

This year more than 1,100 women are taking YW Financial Empowerment training and education classes. Nearly 1,900 are getting Health Services including mammograms and diagnostic services. Another 300 families are being cared for through by YW Nurse-Family Partnership. And many more use YW tools, and access YW instructional literature and referral information.

The community leader on women's issues.

YW fact sheet

KEY DEMOGRAPHICS

By Ethnicity	By Age	By Gender
Hispanic..... 52%	0-4..... 1%	Female 88%
African American 29%	5-13..... 6%	Male..... 12%
Caucasian 13%	14-17..... 4%	No Report..... 0%
Asian 1%	18-29..... 15%	
Other..... 2%	30-39..... 40%	
No report..... 3%	40-49..... 30%	
	50-64..... 1%	
	No Report..... 3%	



www.ywcadallas.org
214.826.YWCA (9922)

empowering women
ywca

The community leader on women's issues.