

YWCA of Metropolitan Dallas Receives Support from CVS Caremark Charitable Trust

Donation to YW is part of CVS Caremark Charitable Trust's \$3.3 million in 72 grants supporting causes including children with disabilities and those who are uninsured

DALLAS, Texas (February 14, 2011) – YWCA of Metropolitan Dallas (YW) announced today that it has received a \$50,000 grant from the CVS Caremark Charitable Trust to support YW Women's Health – a program offering free mammograms and diagnostic screenings for underserved women in our community who do not have easy access to care. CVS Caremark Charitable Trusts is the private foundation created by CVS Caremark Corporation, whose mission is to provide funding for health care, education and community involvement initiatives in CVS Caremark communities. YW is one of seventy-two organizations selected from a pool of 660 applicants to receive a grant for 2011, and the only grantee in north Texas.

Believing lives are saved through early detection, YW is the only organization in Dallas to offer a free comprehensive women's breast health program to underinsured and uninsured low-income women between the ages of 35-64 combining community-based mammogram screenings, diagnostic assistance, case management, community resource referrals, breast self-examination education, and transportation assistance. YW Women's Health is designed to empower women to follow through with breast-health care by overcoming barriers created by a lack of insurance and transportation, and limited English proficiency. Through education, access, and diagnosis women will experience earlier detection, expanded treatment options, and lower mortality rates.

"More than four out of five YW client families are headed by single mothers - usually the sole wage earner and caregiver for the family," states YW CEO Jennifer Ware. "Studies have shown many women elect to forgo preventive health care due to economic constraints. With breast cancer that is identified within the first 12 months having nearly 100% cure rate, the importance of early detection in the continuing stability of the family cannot be overstated."

The grant to YW aligns with CVS Caremark Charitable Trust that supports programs that seek to connect those in need of services to providers who participate in accountable community health care programs, as well as organizations that support children living with disabilities. "In today's challenging economy, it's more important than ever to support organizations that provide access to health care to those who otherwise could not obtain it," said Eileen Howard Boone, Vice President, CVS Caremark Charitable Trust. "The CVS Caremark Charitable Trust is pleased to recognize YW for truly making an impact in the communities we serve through their YW Women's Health program and we look forward to working with them in the year ahead."

About YW:

YWCA of Metropolitan Dallas (YW) is dedicated to addressing the most critical needs for women in Dallas, offering programs in the areas of financial education and tools, pregnancy and parenting education, and women's health services. YW's goal is to educate and guide women toward becoming self-sufficient.

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At YW we work for women, we volunteer for women, we advocate for women, we raise funds to change women's lives, and we work with all in the community who share our vision of empowering women. Visit www.ywcadallas.org to learn more.

About the CVS Caremark Charitable Trust:

The CVS Caremark Charitable Trust, Inc. is a private foundation created by CVS Caremark Corporation (NYSE: CVS). CVS Caremark is the largest provider of prescriptions and related health care services in the nation. The Trust's mission is to provide funding for health care, education and community involvement initiatives in CVS Caremark communities. General information about CVS Caremark is available through the Investor Relations portion of the Company's Web site at <http://investor.cvs.com>, or through the Web site's press room at www.cvs.com/pressroom.

About United Way of Metropolitan Dallas:

United Way of Metropolitan Dallas is the largest non-governmental funder of health and human services in Dallas, Collin, Rockwall and southern Denton counties. Locally governed and volunteer-led, UWMD is currently working to create long-term community impact in the key areas of education, income and health. Visit www.unitedwaydallas.org to learn more.

ywca of metropolitan dallas

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