



YW Facts

Improving Women's Lives & Removing Barriers to Self-Sufficiency.

If you want to change the world, you have to start by changing the lives of the world's women. Lift women out of poverty, illiteracy and second-class citizenship and the whole community benefits. For over 100 years, YW has played a vital role in the community, continuously adapting to meet women's most critical needs.

YW's Focus

YW's average client is a single mother of two children with an annual income of only \$26,000.

YW's Key Programs

YW is dedicated to addressing the most critical needs for women in Dallas, offering programs in the areas of financial literacy, pregnancy and parenting education, and women's health services. YW's goal is to educate and guide women toward becoming self-sufficient and to advocate for sound public policy that supports these efforts.

Financial Empowerment – a program that helps women find paths to prosperity through cutting-edge initiatives, financial coaching, and a multitude of life-changing programs and tools.

- YW provides the only financial education program in Dallas with emphasis on long-term intervention and asset-growth.
- YW offers the only public Individual Development Accounts (IDAs or matched savings account) in Dallas County.
- YW is the first organization in the state to offer a tool that matches hard-working Dallas families with the appropriate government benefits to mend their current financial gaps while they work toward financial independence - the YW Self-Sufficiency Calculator.

Nurse-Family Partnership (NFP) – a one-on-one program that pairs a skilled four-year degreed Registered Nurse with young mothers, who become better parents and raise children with brighter futures.

- NFP is the most rigorously tested parenting education program in the nation with proven outcomes throughout sites in 29 states.
- YW was chosen to operate the first NFP site in Texas, now adopted in Austin, Fort Worth, Houston, Lubbock, Port Arthur and San Antonio.

Women's Health – a program offering free mammograms and diagnostic screenings for underserved women in our community who do not have easy access to care.

- YW is the only organization in Dallas to offer a comprehensive women's breast health program at no cost to uninsured and underinsured clients combining community-based screenings, diagnostic exams, patient navigation services, community outreach, breast self-examination education, and transportation assistance.
- YW was selected by Dallas County Affiliate of Susan G. Komen for the Cure to implement the first community-wide Breast Health Patient Navigator program in Dallas.

Feminization of Poverty

Too often women forgo their own needs (health care, education, retirement, etc.) to provide for children and elders in their family.

- Women are twice as likely as their male counterparts to be among the working poor.
- Female-led households are three times more likely to live in poverty than households led by married couples and men – and this increases with children.
- There are 600,400 households led by women in Dallas-Fort Worth; 125,400 of these live in poverty.

**Sources available upon request.*





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Lead. Partner. Advocate.

Community Partners

Corporations, foundations, and individual donors support YW programs annually. Many support YW with unrestricted gifts that are directed by the board and the leadership staff to fund the most pressing needs at the time, and others have partnered with YW on specific programs. While the lists of donors grow and change frequently, the following represent those who have given substantial gifts designated for specific programs:

Financial Empowerment

- Assets For Independence
- BBVA Compass
- Capital One
- Citi
- Citi Fund for Financial Education / United Way
- NeighborWorks America
- JPMorgan Chase Foundation
- Wells Fargo

Nurse-Family Partnership

- Aetna Foundation
- Attorneys Serving the Community
- Carl B. and Florence King Foundation
- Dallas Foundation Unrestricted Fund
- Dallas Women's Foundation
- Ellen Williams Fund of The Dallas Foundation
- Ronald McDonald House Charities
- Texas Health and Human Services Commission (HHSC)
- The M.R. and Evelyn Hudson Foundation
- United Way of Metropolitan Dallas

Women's Health

- CVS Caremark Charitable Trust
- Dallas County Affiliate of Susan G. Komen for the Cure
- The Mary Kay Foundation
- United Way of Metropolitan Dallas

What is meant by a "Virtual Organization"?

YW goes into the community where the needs are. As a "virtual organization," YW is anywhere women are struggling for a better life. YW Financial Empowerment services are offered at over 50 different host sites, including community centers, churches, libraries, community colleges and other nonprofit agencies. YW Nurse-Family Partnership sends Registered Nurses directly into the homes of young mothers-to-be to administer care and instruction. YW Women's Health coordinates medical care through numerous clinics across Dallas County and provides transportation services for those in need.

How Many?

Each year YW helps nearly 5,000 women in the Dallas area, giving help to those often overlooked and keeping families together. (See chart below for specific demographics.)

By Ethnicity	By Age	By Gender
Hispanic..... 52%	0-4..... 1%	Female 88%
African American 29%	5-13..... 6%	Male 12%
Caucasian 13%	14-17..... 4%	No Report..... 0%
Asian 1%	18-29..... 15%	
Other..... 2%	30-39..... 40%	
No report..... 3%	40-49..... 30%	
	50-64..... 1%	
	No Report..... 3%	