

Partnering Together for Stronger Families

parenting education



I don't have a mom that I can go to for questions about parenting, but I can call my nurse for everything. The YWCA gave me back my hope, courage and strength.

CASE FILE:

Subject > Shanisha

Status > First-time mother

Dilemma > Developing as a self-confident parent

THE CHALLENGE: Shanisha grew up in foster care and always wanted to be a better parent than what she had grown up with. But when she became pregnant at age 18, she didn't know who to go to for questions about pregnancy and parenting.

THE SOLUTION: The YWCA offers the Nurse-Family Partnership program to help first-time, low-income mothers with the challenges they face. The program helps:

- Improve pregnancy outcomes
- Support child health and child development
- Increase families' self-sufficiency

THE OUTCOME: Shanisha enrolled in the Nurse-Family Partnership program. Her nurse home visitor Dannette is truly a partner to her. Dannette began home visits with Shanisha early on in her pregnancy to help her prepare for the birth of her daughter Yuri. Since then, Shanisha has graduated from high school and married Yuri's father Kevin. She's planning to start in the nursing program at El Centro soon. She hopes that one day she will be able to pull from her own experiences to help young mother and their babies.

FUNDERS AS OF DECEMBER 2007:

- The Dallas Foundation
- The Simmons Family Foundation Advised fund of The Dallas Foundation
- Theodore & Beulah Beasley Foundation
- Texas Department of Family and Protective Services
- Rosewood Foundation

empowering women

ywca